

### Frequently Asked Questions – Beacon Purchasing Borgess Medical Center

Prepared by Borgess Staff Nurses Council – MNA Last Updated 6/16/25

We have been seeking answers from both Ascension and Beacon since the sale was announced on April 3. Ascension refers us to the Transition Guide they published online but made impossible to print or access away from work. Beacon has yet to agree to speak with union leaders. To share as much information as possible, we are providing this FAQ and a paper copy of the Transition Guide, which you can print or photocopy and bring home.

### Q: When will Beacon take over running the hospital?

A: We don't know. A Beacon representative has stated verbally that they plan to begin managing the hospital July 1, 2025. But we have not seen this in writing anywhere.

### Q: Will Beacon recognize our union and our contract?

A: Beacon has stated in email communications and in a response to an MNA request for information that they will recognize the union and honor the duration of the contract. The Borgess contract expires December 14, 2025. Beacon has further stated that if the benefits it offers differ from those in the contract, union employees will continue to receive the benefits defined in the contract.

### Q. Will all MNA bargaining unit members keep our jobs?

A: There will not be layoffs. After we publicly demanded transparency on this issue, Beacon sent an email to Ascension employees on June 10 providing more information about requirements to become a Beacon employee. It includes:

As previously stated, all Ascension Michigan clinicians and associates will be offered the opportunity to continue employment with Beacon Health System, provided they follow Beacon's hiring process and meet Beacon's employment requirements and the legal requirements to work.

Our expectation is that all of you will meet the requirements. We have designed the transition so that you will not have to go through the pre-employment process as if you were a new hire. To facilitate this, we have requested your employment record from Ascension. Assuming your employment record demonstrates that you already satisfy Beacon's requirements, you will not be asked to complete it again. Here are some examples of the records we will obtain from Ascension for continuing associates:

- Pre-employment drug screens
- Pre-employment background checks Employee vaccine records, I-9 records, credentialing files (licensing, certifications, etc.)

We will review these records obtained from your Ascension records and will only require associates to complete these pre-employment steps again if we cannot validate compliance with Beacon employment requirements or legal requirements to work. Further, we want associates to have the training and tools necessary to thrive in their role, which will involve completing some required e-learning at a later date.

### Q: What will happen with our health insurance?

A: Beacon has stated non-union employees will transfer to their health plan the month following their takeover. Our contract states that the "insurance carrier or form of administration may be changed at any time, so long as the benefits remain *substantially equivalent.*" The hospital is also obliged to give notice and meet with MNA before making changes. Beacon has not provided MNA with a copy of the health insurance plan they intend to provide at Borgess. However, we believe many aspects of the plan they offer at their other hospitals are not "substantially equivalent" to our current plan, so we will likely demand to negotiate over the insurance plan. This means it is unclear when MNA members will transition to the Beacon insurance plan.

#### Q: What will happen to my PTO?

A: Our current PTO accrual system in our contract. Despite the email from Beacon on 6/13/25 stating that "All Ascension Michigan associates" will move to Beacon's front-loaded PTO system, you will continue to accrue and be able to use PTO in the same way you currently do, until we, as a union, agree to change this when we bargain our next contract. Beacon confirmed this on page 1 of their "Welcome to Beacon's PTO Program" document, included in a link on the 6/13/25 email, and also in an email to MNA staff.

# Q: What will happen to the Retirement Health Reimbursement Arrangement (HRA) accounts that some members have?

A: Ascension plans to make those funds available to those who are "vested" in the plan when Beacon takes over. (See Transition Guide, page 6.) Ascension states those who are not vested at that time will "forfeit" the money in that account. We have filed a grievance stating that all members with a Retirement HRA account are entitled to keep the funds in the account. **We will all need to fight to retain these funds.** 

#### Q: I'm still owed a portion of my sign-on bonus. Will I receive it?

A: Ascension would not commit to paying out the balance of sign-on bonuses before they hand the reins to Beacon. They state (page 7 of the Transition Guide) that they will inform Beacon of the existence of your sign-on bonus agreement, but there is no assurance that Beacon will actually pay the outstanding balance. Sign-on bonuses are not a part of our contract, so we will need to fight to make sure these bonuses are paid in full.

### Q: What will happen to my 403b retirement account when Beacon takes over?

A: See pages 4-5 of the Transition Guide. You will become fully vested in the funds in your account when Beacon takes over. The guide lays out options for rolling over these funds. Please alert an MNA representative if you experience any problems regarding your 403b account.

# Q: If I was hired before 2014 and am part of the old Borgess pension plan, what will happen?

A: See page 6 of the Transition Guide. You will become fully vested when Beacon takes over. The Ascension Pension Service Center will continue to administer the pension. Please alert an MNA representative if you have any problems with collecting information or accessing these funds.

### Q: What if I'm on a leave of absence when Beacon takes over?

A: See page 3 of the Transition Guide. You will stay employed by Ascension while you are on leave to maintain continuity of benefits. Reach out to your department manager or supervisor when you are ready to return to work.

# **Q:** How can we maintain or improve on our current workplace standards and compensation once Beacon takes over?

A: We need to show Beacon that we are united and ready to stand up to enforce our contract and advocate for our patients' interests from the outset. This entails becoming a full, dues-paying, member of MNA, participating in the Borgess contract campaign, which will kick off soon, and supporting MNA members at other Beacon facilities (Three Rivers and Allegan) as much as possible. The Three Rivers MNA contract expired on March 31<sup>st</sup> and their campaign is heating up.

Join an informational picket at Three Rivers Health-Beacon Health System on **June 24<sup>th</sup>** from 4:30-6:30 pm. Scan the QR code below for info and to RSVP.





### **Ascension Southwest Michigan**

#### Associate HR/Benefits Transition Guide

Ascension Michigan's southwest ministries – Ascension Borgess Hospital, Ascension Borgess Allegan Hospital, Ascension Borgess-Lee Hospital and Ascension Borgess-Pipp Hospital – and their related sites of care, as well as associated physician practices of Ascension Medical Group, to Beacon Health System, a non-profit health system headquartered in South Bend, Indiana.

Impacted physicians, managers and associates in good standing will be offered employment with Beacon Health System. Ministry-wide function associates who provide support to the aforementioned facilities will be notified by their leaders about any impact to their roles as soon as those details are available. Please consult your leader if you are unsure whether your role is classified under a ministry-wide function.

We expect the transition to be finalized this summer, subject to customary closing conditions, including regulatory and canonical approvals.

You will receive more detailed information soon directly from Beacon Health System regarding your transition of employment, the Beacon Health System benefit package, and other important details.

As you plan for your transition, please use this document to find answers to frequently asked questions about your Ascension employment and benefits. You can use the finks below to navigate directly to a specific topic.

General Employment | Health and Welfare Benefits (Medical/Rx, Dental, Vision, Spending accounts) | Time Off | Life and Disability Benefits | Leave of Absence Tuition, Associate Perks, and Other Benefits | Retirement and Pension Payroll and Compensation | My Records | Additional Questions

Do i have to re-apply for my job?	You do not need to reapply. The employment of all Ascension Southwest Michigan associates and clinicians and associates of related medical practices will directly transition to Beacon Health System as long as you meet the Beacon Health System employment requirements. You may be asked to complete new onboarding steps or other tasks, such as badge updates. The Beacon Health System team will share more details about what to expect during your transition process in the weeks shead. Please watch your Ascension email for important transition related information and be sure to complete all steps as soon as possible to ensure a smooth transition.
If I dan't accept the offer fram Beacon Hoolth System, will t be eligible for severance?	As part of the transition agreement, Beacon Health System will transition employment for all clinicians and associates in good standing at comparable benefits and pay. As such, if you do not accept the position with Beacon Health System, you will not be eligible for severance under the Ascension plan.
Can I apply for a different job at Ascension if 5 don't want to transition?	You can review the internal career portal here to find available opportunities across Accension and apply for any roles that are of interest.

Health and Welfare Benefits Back to:	
When will my Ascension benefits (medical/Rx, dental and vision) end?	For non-union associates: Your Ascension benefits (medical/Rx, dental, and vision) will end on the last day of the month in which your employment with Ascension ends. Meaning, if your last day as an Ascension associate is any time between January 1-31, your benefits will end on January 31. Continued coverage under these plans will not be offered through COBRA because you are transitioning to Bescon. Beacon will provide information about how to enroll in their benefit offerings as we get closer to the transition date. For union associates: Please refer to your collective bargaining agreement or connect with your union representative.
Can i continue to participate in SmartHealth offerings like Vida and Sword after my coverage ends?	You are no longer eligible to participate in offerings like Vida and Sword after your SmartHealth coverage ends.
How long can I access my 2025 fiemble spending account (FSA) balances?	You will have until March 31, 2026, to submit claims for your 2025 healthcare and dependent care FSA accounts for eligible expenses incurred prior to 11:59 p.m. on your last day as an Ascension associate.
Will my 2025 flexible spending account (FSA) roll over?	You will not receive any 2025 FSA rollover funds from Ascension in 2026 because you will no longer be an active Ascension associate at the time the rollover occurs.
What will happen to my One@Work account upon transition?	If you set up a savings account, you can take that with you and continue to use the One@Work app. If you withdraw from your savings account it will be free and One@Work does not charge for withdrawing from saving accounts when you are terminated.
How long can I use my medical health reimbursement arrangement (HRA) balance?	You will have 90 days after your transition date to use the balance in your medical HRA account for eligible healthcare expenses incurred prior to 11:59 p.m. on your last day as an Ascension associate.
How long will i have access to my health savings account (HSA) balance?	You will continue to have full access to the funds in your HSA account to pay for qualified expenses following your transition. If you have coverage under another HDHP, you can continue to contribute funds directly to your HSA. Per IRS rules, once you are no longer enrolled in a HDHP, you can no longer contribute to a HSA. Ascension covers the administrative cost of HSAs for active associates. You will start to be charged administrative fees once you are no longer associated with Ascension. For questions, please contact Optum Financial et

Time Off	Back Iter
What will happen to my time off balance upon transition?	Your accred time off balance at the time of your transition will go with you to Beacon Health System. You will not receive any pay out of time off on your last check from Ascension. Beacon Health System will have more details about when and how you will see your time off balance after your transition date. Your front-loaded time off balance will not transition with you to Beacon Health System and will not be cashed out. Beacon Health System will provide additional details about your new time off plan. If you leave Ascension prior to transition to Beacon Health System, your time off will follow the procedures outlined in our <u>Paid Time Off policy</u> .

Life and Disability Benefits	Back to top
What will happen to my short-term and long-term disability?	Coverage in these plans ends at 11:59 p.m. on your last day as an Ascension associate.
What will happen to my Basic Life, Supplemental Life, Dependent Life and Accidental Death & Diamemberment?	Coverage in these plans ends at 11:59 p.m. on your last day as an Ascension associate.
	However, conversion and portability options are available. Port/conversion options are only available for a short time following your employment transition, so don't delay if you are interested in continuing coverage. You will receive information via mail from Methife regarding these options and continuing coverage, or you can contact Methife directly at 877-275-6387.

What happens if i am on leave of absence during the	If you are on a continuous (not intermittent) leave at the time of the transition, you will
transition?	remain on leave as an Ascension associate. You will continue to nee densition, you will nemain on leave as an Ascension associate. You will continue to receive Ascension benefits*, subject to the terms of applicable benefit plans and policies, unit you can return to work pursuant to such policies. Once you are cleared to return, your transition will be reviewed with Beacon Health System. When you are nearing your return-to-work date, follow the steps below to ensure there is no disruption to your transition:
	<ul> <li>Ensure you have shared the return-to-work date with your leader and Sedgwick, our third-party leave administrator, before your return.</li> <li>If you are on leave of absence due to your own serious health condition, request a release-to-work note from your treating provider. This must be provided to Associate Occupational Health (AOH) before you can be cleared to return to work.</li> <li>You will also need to connect with <u>Associate Occupational Health (AOH)</u> at lease three days before returning</li> </ul>
	*Associates are responsible for applicable benefit deductions while out on a Leave of Absence.

Tuition, Associate Perks, and Other Benefits	
Can I still apply to participate in the Vocare Tuition Program?	If you were planning on applying or registering to participate in the Vocare Tultion Program but have not yet done so and are still within 30 days after the start date of you applicable semester/term as it relates to the Get Reimbursed option, you may submit the application until April 10th. Applications or registrations submitted after April 10th will not be paid by Ascension.
	even if you receive a notice of approval from the tuition vendor.
The already applied for tuition reimburaement under the previous program prior to April 10th. How do I receive my reimburaement?	if you have finished a class(es) that was previously approved, please follow the norma policy guidelines to submit your documentation.
	If you are approved for the Get Reimbursed option by April 10th and have not finished your class(es), there is no additional action needed on your part to receive payment by your transition date.
	If you are part of the Socially Just Benefit program and the tuition vendor pays your school directly, the process will remain the same and no further action is necessary. <u>View the process here</u> .
	Visit the Ascension Tuition Reimbursement website to track and document your submissions.
i was approved for the We Pay option under the Vocare Tuition Program prior to April 10th. What do I need to do?	If you have not finished your course(s) and/or program by the time the transition occur you will need to reach out directly to the academic partner to determine the best way to complete your course/program and ensure you meet the necessary requirements for completion.
Can ) continue to use the Employee Assistance Program (EAP)?	You will not be eligible to participate in EAP after your last day as an Ascension associate.
What if I am enrolled in the MetLife legal plan?	Coverage in this plan will end on your last day as an Ascension associate.
Con I still use Transportation Benefits?	Once you are no longer an Ascension associate, you are no longer able to place new orders for transportation benefits. If you have questions, please contact Optum Financial at 844-594-1231.
What will happen to my vokustary benefits through Corestreem?	If you are currently participating in any voluntary benefits through myAscension Benefit Advantage powered by Consumer, you can continue the benefit through direct bill after you are no longer employed by Ascension. You will receive instructions for setting this up from the carrier, $\frac{1}{4}$
Will I still qualify for the Public Service Loan Forgiveness (PSLF) Program after my transition?	Beacon Health System is a not-for-profit, integrated health care system.
	Associates should visit the <u>U.S. Department of Education</u> website for more information You may also contact FedLoan Servicing at 855-265-4038.

Retirement and Pension East rates	
Who can associates speak with to diacuss their options regarding their Ascension Healthcare Retirement Savings Program with Transamerica?	Associates can speak to one of Transamerica's Ascension-dedicated Retirement. Planning Consultants to discuss the options they have with their Ascension retirement plan accounts by <u>clicking here to schedule an appointment online</u> . Associates may also contact the Transamerica Customer Care Team at 877-346-7284 and say "yes" when prompted.
When will contributions on my behalf under the Retirement Savings program end?	Employee contributions to the 403(b) or 401(k) plan, and any employer matching contributions made on your behalf, will end as of your last regular Ascension paycheck
Will I be eligible for the 2025 employer outomatic contribution?	To be eligible for the 2025 employer automatic contribution, you must first have astisfied the initial requirements for participation in the employer automatic contribution, i.e., you were credited with at least 1,000 hours of service in a calendar year. If you aatisfied the initial requirements for participation as described above, eerned an least 500 hours of service during 2025 (unless you are age 55+ and vested) and are actively employed on the transition date, you will be eligible for the 2025 employer automatic contribution.
Will I be vested in my Retirement Savings program benefits?	You are always 100% vested in your employee combibutions. If you are an active, non-vested associate and a participant in the plan on your employment termination date, all amounts in your Employer Contribution Account will be considered 100% vested.

What are my withdrawal options under the Retirement Savings program?	The Retirement Savings program is designed for long-term savings to assist you in meeting your retirement income needs. You receive the greatest value when you keep your funds in the Retirement Savings program for as long as possible; however, upon your employment termination date, the options described below apply to all participants.
	<ul> <li>If the total value of your account(s) is over \$7,000, you may choose to:</li> <li>Leave your funds in the Transemerice account(s)</li> <li>Roll over these funds to an IRA</li> <li>Transfer the account(s) to your new employer's plan, if the new employer's plan permits transfers</li> <li>Take a full or partial distribution of your account(s) in cash*</li> <li>*If you choose a distribution, the Plan Administrator will withhold 20% for federal taxes</li> </ul>
	as required by law, unless you elect a direct rollower of your account(s). In addition, if you are under age 59%, an additional 10% early withdrawal IRS tax penalty may apply. You may initiate a distribution by contacting Transamerica at 877-346-7284 or at transamerica.com/portal/ascension.
	If the current total value of your account(s) is \$7,000 or less as of 60 days following receipt of your employment termination date, the Retirement Savings program's "small benefits" provision may apply and your account(s) will automatically be distributed. In that event, you will receive a letter requesting that you designate a form of payment for your account(s) within 60 days of the date you receive the letter.
	<ul> <li>If you do not respond within the 60-day period, and the value of your account(s) is \$200 or less, you will receive your benefit in a cash payment as soon as administratively possible.</li> <li>If you do not respond within the 60-day period and the value of your account(s) is greater than \$200 but less than \$7,000, your account(s) will be transferred to</li> </ul>
	("rolled into") en IRA with Inspire Financial. Important Note: You may contact Transamerica (877-346-7284) for details or if you have any questions. However, please allow several weeks after your employment termination date for Ascension to provide Transamerica with information about the associates who become 100% vested as a result of the transition. In addition, you are encouraged to consult a qualified financial planner or tax advisor before requesting a distribution or rollover.
What happens if I have an outstanding loan from my 403(b) or 401(k) accoum?	You can continue making loan repayments to Transamerica after your employmem with Ascension ends. However, your loans can no longer be repaid through payroll deduction since you are no longer an active associate of Ascension.
	<ul> <li>You may set up recurring ACH payments online at transamerics.com/portal/ascension. Hover over the Loans &amp; Withdrawals tab, then select Loan Payments (under Loans). The full Payoff option is also available in this same area of the website.</li> </ul>
	<ul> <li>Outside of the website option, payments are accepted as a cashier's check, money order or bill pay via your bank's website. Be sure to include your 12 digit Loan number.</li> <li>Coupon books are also available, and should be requested through Trensamerica at 877-346-7264 and saying "Yes" at the prompt.</li> </ul>
	If you choose not to continue making loan repsyments directly to Transamerica, your loan will be deemed to be "in default". This means the value of your outstanding loan will be treated as a taxable distribution.

•

What are the options for participants in 'non-qualified' 457(b) plans?	<ul> <li>if you participate in a non-qualified 457(b) plan, you will receive specific communications after the transition date. The provisions that apply to you are based on the terms of the non-qualified 457(b) plan and are time sensitive. Generally, there are 3 distribution options:</li> <li>1. Default option - on the first day of the month that is 120 days following the transition date the funds will be distributed to you in a lump sum payment and will be treated as taxable income.</li> <li>2. You make an election, at least 31 days prior to the above scheduled distribution,</li> </ul>
	<ul> <li>to defer the distribution to a future date.</li> <li>3. You elect to transfer the funds to a 457(b) plan offered by your new employer, provided the new employers 457(b) plan allows funds to be transferred in. This election must be made at least 31 days prior to the default distribution schedule explained in Option 1.</li> </ul>
Will I be vested in the frozen pension plan?	If you are a non-vested participant with a benefit in an Ascension Healthcare-sponsored pension plan ("frozen pension plan"), you will become 100% vested in the frozen pension plan benefit if you are an active associate transitioning as of your employment termination date.
When can I elect a distribution of my frozen pension plan benefit?	Normal plan distribution rules still apply. For example, for some of the frozen pension plans, you may have to be over age 55 to start your pension or take a distribution of your pension plan benefit. After the transition, pension plan perficipants will receive a letter which will provide you with general information about your pension plan benefit. If you have immediate concerns or plan to retire within 90 days, please contact
	<ul> <li>Ascension Pension Service Center by visiting the self-service website, <u>ascension.ehr.com</u>, You may visit the website to:</li> <li>1) Obtain a current estimate of your pension benefit;</li> <li>2) Review the distribution options for the plan you participated in;</li> <li>3) Initiate a request to start your retirement benefit (if eligible); or</li> <li>4) Review other important information about the pension plan.</li> <li>You may also contact the Ascension Pension Service Center at 677.346.7284 and say "no" at the voice prompt.</li> </ul>
	Important note: If you will be over age 65 on your employment termination date, and you have not already started your pension paymems, your benefits will need to begin with an effective date of the first of the month after your transition date. Please contact the Ascension Pension Service Center for more information and to request the paperwork you need to complete to have your pension payments begin. If you will reach age 65 in the future, you should contact the Ascension Pension Service Center 90 days before the date you want to start your pension.
Will J be vested in the retirement HRA?	This frozen benefit does not automatically vest due to the transition. You can become vested, that is, able to use the retirement HRA for eligible healthcare (medical, prescription drug, dental and vision) expenses, if you terminate employment with Ascension or a health ministry after either.
	<ul> <li>Attaining age \$5 with 5 years of 1,000 hours of service per year;</li> <li>Attaining age 65 with 1 year of 1,000 hours of service; or</li> <li>If you were actively employed, and at least age 50 when your health ministry adopted the Retirement HRA, after attaining age 55 with one year of 1,000 hours of service.</li> <li>If you are not vested in the retirement HRA on your employment termination date, your</li> </ul>
	retirement HRA account will be forfeited. Important Note: Years of employment prior to the date your employer started participating in the plan do not count toward vesting for purposes of the retirement HRA.
What are the options under the retirement HRA?	If you are vested in your retirement HRA as explained above, and you are at least 55 on your employment termination date, your retirement HRA account will be transferred to a spending account administered by Ascension's vendor, Optum Financial. You will receive a welcome kit and spending account card from Optum Financial as soon as administratively possible. For vested participants who are active on their scheduled employment termination date, we expect your balance to transfer to Optum Financial in the quarter following the quarter in which your employment ends. Until that time, there is no action that you need to take.
	6

Payroll and Compensation Back to to	
What will bappen to my outstanding sign-on or referral bonus payments?	As long as you remain employed through the transition date, your current commitment agreement remains in place. You will not owe any funds back to Ascension that have already been paid to you.
	Any sign-on or referral payments expected to still be outstanding at the time of transition will be shared with the Beacon Health System team and more details will be shared at a later date.
Will I need to approve my timecard before my transition?	You will need to approve your final timecard on or before your last day with Ascension. Your current manager will lose access to your timecard after your transition and will not be able to make corrections. Here are instructions to approve your timecard <u>via time</u> clock or via the online portal.
What happens if I am working overnight on the transition date?	If you work an overnight shift that crosses midnight from the last day with Ascension to the first day with Beacon Health System, you will be automatically clocked out from your Ascension timecard at midnight. You will receive additional information from Beacon Health System regarding how to clock into your new timekeeping system.
How will I receive my last paycheck from Ascension?	Your last paycheck will be paid that same way your regular paychecks are processed, through direct deposit or payment card. Your last pay statement will be mailed to your home address.
How will the transition to Beacon Health System impact my existing garnishment?	If you have a current garnishment on your paycheck, Ascension will send a letter to the court/agency stating you are no longer employed by Ascension after your transition. To ensure there is no delay in processing, you can reach out to the court/agency before your transition date and request new orders be sent to Beacon Health System to avoid an arrears balance.
Will I have two W-2 records for 2025?	A consolidated W-2 for the year 2025 will be made available to you by Beacon Health System. Once the calendar year ends, Beacon Health will distribute an individual W-2 that specifies the income you earned from both Ascension and Beacon during 2025. For information regarding the W-2 related to income earned after your transition to their payroll, please consult Beacon Health System. Should you have any questions about your employment that are not covered in this document, you can always contact HR Cemral at 844-847-4747.
If I currently access my W-2 electronically, will I receive a printed record in the mail?	If you have elected to access your 2024 W-2 online, you will need to download your W-2 on myHR prior to transition. HR central contact

My Records Book so top	
How can I download a copy of my personal myLearning transcript?	When you transition to Beacon Health System, your Ascension myLearning accoum will no longer be active. If you would like to save a record of the training you have completed during your time with Ascension, you can download that from the myLearning home name.
	<ul> <li>You can print your transcripts as follows:</li> <li>From the home page of the myLearning menu choose My Transcript. You can</li> </ul>
	filter these completed records in several ways.
	<ul> <li>To retrieve a full list of all completed modules within the myLearning system, change the Date Range to "All."</li> </ul>
	Click on EXPORT TO POF in the top right corner, then click on "Click here to
	download the file." The transcript will open in a PDF document.
	<ul> <li>Click on the printer icon in the top right to print a copy for your records. You can also download the PDF document to save an electronic version.</li> </ul>
How can I download a copy of my Ascension Associate	When you transition to Beacon Health System, you will still have access to your
Occupational Health records?	Ascension Associate Occupational Health records for your Immunizations,
	You can retrieve your records as follows:
	<ul> <li>Access the My Health portal webpage at</li> </ul>
	https://ascension.readvsetsecure.com/rs/
	<ul> <li>On the togin screen, enter your prior Ascension username plus "@3755"</li> </ul>
	(example: alest001@3755) and password. NOTE: If you do not know your
	usernaine, phase contect your loral Associate Occupational Health.
	<ul> <li>Once logged in, your My Health portal homepage will appear. Navigate your chart using the links along the left column.</li> </ul>
	On the login screen you can also reset your password If you forgot it.

#### Additional Questions

Back to top

If you have any questions about your employment that are not answered in this document, you are always welcome to contact HR Central at 844-847-4747.

Ø